

# Alberta Wild Rose Variation

For 6", 9" or 12" finished blocks

Designed by Lauren MacDonald  
Instructions by Kathryn WilsonTucker  
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## Alberta Wild Rose

Also known as the Wild Rose or prickly wild rose, has been Alberta's provincial flower since 1930. It is a bushy shrub that grows wild in the fields, along side roads and in the mountains in Alberta. My father tried a couple times to replant or grow from seed at home to no avail. It just wanted to be a free and wild bush for everyone to admire.

Bright pink very fragrant flowers bloom from late May to early August and are about 2" across. Bees and other insects love the flower. Honey made from a wild rose area is very yummy.

Almost all of the plant is edible, young shoots, young leaves, buds.

Petals can be added to salads. Hips, fruit of the plant, are a delicacy for squirrels, birds, deer, moose, rabbits and coyotes. They are high in vitamin C and can be used to make syrup, jelly, jams, marmalades and tea. The plant has also been used to treat bee stings, colds and diarrhea.

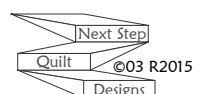
The wild rose has been on Alberta's license plate since 1987.



The Alberta Rose, 1999-2018, [www.albertarose.com](http://www.albertarose.com), January 13, 2018.

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## Please Read First

Block designed by Lauren MacDonald for Kat.

Cut and label all groups of pieces. First letter is the Fabric (**T-Z**). Second letter is the size (**A-E**).

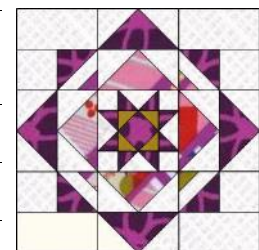
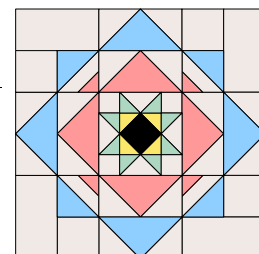
Cutting instructions are set up so that you can make each round a different colour or same colour as another round.

Measurements in ( ) are sizes for the finished ( 6" block, 9" block, 12" block).

**Connector Corner instructions:** go to [www.nextstepquilt designs.com/NSQD\\_how\\_to](http://www.nextstepquilt designs.com/NSQD_how_to)



Fabric	Cut pieces	Shape	Label	6" Block	9" Block	12" block
Fabric T	4	Rectangles	<b>TA</b>	1½"x2½"	2"x3½"	2½"x4½"
	20	Squares	<b>TB</b>	1½"	2"	2½"
	2	Squares	<b>TC</b>	2"	2½"	3"
	4	Squares	<b>TD</b>	1"	1¼"	1½"
	4	Rectangles	<b>TE</b>	1"x1½"	1¼"x2"	1½"x2½"
Fabric U	2	Squares	<b>UC</b>	2"	2½"	3"
	4	Rectangles	<b>UA</b>	1½"x2½"	2"x3½"	2½"x4½"
Fabric W	4	Squares	<b>WD</b>	1"	1¼"	1½"
	4	Rectangles	<b>WA</b>	1½"x2½"	2"x3½"	2½"x4½"
Fabric X	8	Squares	<b>XD</b>	1"	1¼"	1½"
Fabric Y	4	Squares	<b>YD</b>	1"	1¼"	1½"
Fabric Z	1	Square	<b>ZB</b>	1½"	2"	2½"



### Procedure: (6", 9", 12") finished blocks

- On the back of [4] **YD** and **WD**, [8] **XD**, and [16] **TB** squares draw a diagonal line corner to corner.



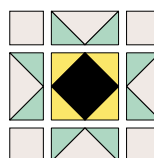
- Referring to Connector Corner on Corner of Square page to sew [1] **YD** square on opposite corners on [1] **ZB** square. Press. Then sew [1] **YD** square on remaining opposite corners of [1] **ZB** square. Should be (1½", 2", 2½") square.



- Referring to Connector Corner On End of Rectangle page, make one flying geese using [2] **XD** squares and [1] **TE** rectangle. Sew one **XD** square on one end of **TE** rectangle then sew one **XD** square on the other end. Should be (1"x1½", 1¼"x2", 1½"x2½"). Make 4.



- Layout [1] Step 2 unit, [4] Step 3 units and [4] **TD** squares. Sew units together in rows. Press. Then sew rows together. Should be (2½", 3½", 4½") square.



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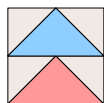
5. Referring to Connector Corner On End of Rectangle page, make one flying geese using [2] **TB** squares and [1] **WA** rectangle. Sew one **TB** square on one end of **WA** rectangle then sew one **TB** square on the other end. Should be (1½"x2½", 2"x3½", 2½"x4½"). Make 4.



6. Referring to Connector Corner On End of Rectangle page, make one flying geese using [2] **TB** squares and [1] **UA** rectangle. Sew one **TB** square on one end of **UA** rectangle then sew one **TB** square on the other end. Should be (1½"x2½", 2"x3½", 2½"x4½"). Make 4.



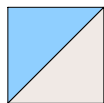
7. Sew [1] Step 5 and 6 unit together. Press to Step 6. Should be (2½", 3½", 4½") square. Make 4.



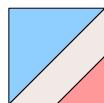
8. Cut [2] **UC** and **TC** squares diagonally in half corner to corner.



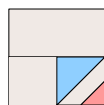
9. Sew [1] Step 8 **UC** and **TC** squares together. Press to **TC**. Trim to (1½", 2", 2½") square.



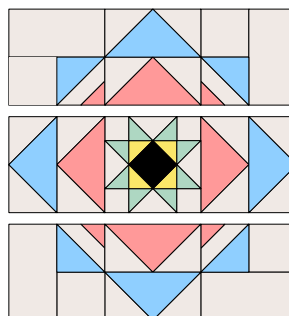
10. Referring to Connector Corner on Corner of Square page to sew [1] **WD** square on Step 9 **TC** corner. Press. Should be (1½", 2", 2½") square.



11. Layout and sew together [1] **TB** square, **TA** rectangle and Step 10 unit. Press seams open. Should be (2½", 3½", 4½") square. Make 4.



12. Layout [4] Step 7 and 11 units and [1] Step 2 unit. Sew units together in rows. Press. The sew rows together. Press. Should be (6½", 9½", 12½") square.



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